# 2021 YEAR IN REVIEW

















# MESSAGE FROM LEADERSHIP

We started 2021 with many of the same challenges and uncertainties that we faced in 2020, as the COVID-19 pandemic continued into another year. In spite of these unprecedented times, we are proud that, alongside trusted partners, Global to Local staff were able to continue delivering critical services and programs for the community and remain committed to our mission to advance health equity in South King County. As we begin 2022, we have been reflecting on lessons from our work in 2021 and look forward to sharing them with you here.

As challenging as 2021 was, we celebrated some bright spots, such as the one-year anniversary of Spice Bridge, home to our Food Business Incubator program. We marked the occasion by welcoming more than 300 community supporters, partners, and friends to join us in honoring and celebrating the extraordinary program participants.

Our organization also continued to grow to better meet the needs of our community. Five new staff members joined us last year, and we also added two new members to our Board of Directors, all bringing in new ideas and fresh perspectives to help us move our work forward. We will continue growing in 2022, and look forward to engaging with partners and community members as well as staff and board to determine our strategic direction for the next several years.

We hope you will enjoy reading our 2021 program highlights. Thank you for your partnership in our work to advance health equity and create communities where all people belong and thrive.



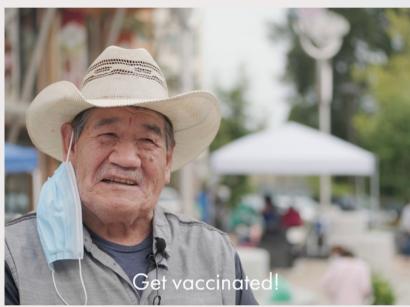
Arni Villanueva Carullo Board Chair



A.J. McClure Executive Director

# COMMUNITY HEALTH & WELLNESS

One of our priorities for 2021 was supporting COVID-19 vaccination efforts across the region, particularly among communities who have been disproportionately impacted by COVID-19. Our community health workers (CHWs) conducted outreach to educate and inform community members, recruited volunteers to serve as peer educators in their own communities, and partnered with several clinical healthcare providers to offer vaccine clinics, administering 854 vaccines to people in the Tukwila/SeaTac area.



Vaccination campaign video

# SAIL (STAYING ACTIVE AND INDEPENDENT FOR LIFE) PROGRAM

In partnership with CIRC (formerly Community Life Foundation), we offered a fall prevention program for older adults in the Somali- and Spanish-speaking communities. The focus of this program is to prevent fallrelated injuries while also providing an opportunity to maintain social connections.

In alignment with COVID-19 public health guidelines, this program launched virtually and transitioned to small, inperson classes once it was safe to do so. We were able to hold 30 classes, which are continuing into 2022. Because of SAIL exercises, my joints do not hurt, and I am minimizing the effects of arthritis. My energy level is good, and I have made new friends.

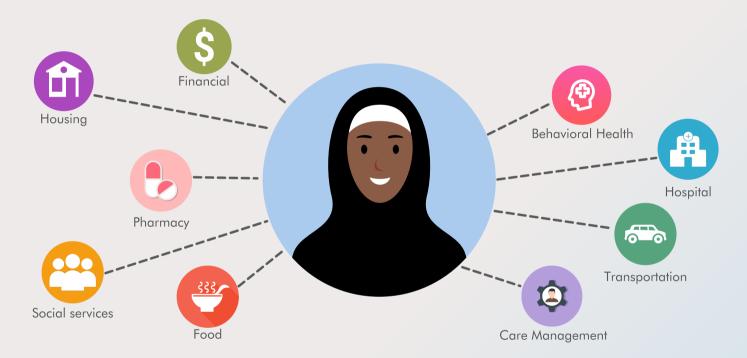
854

vaccines administered

Maria M. (77)

#### **PRIMARY CARE COORDINATION**

Care coordination aims to bridge gaps along the care pathway between patients and healthcare providers, and is one of the primary focus areas for our Community Health & Wellness Program. In 2021 we continued our partnership with the <u>Tukwila HealthPoint</u> clinic, where two of our community health workers were paired with a primary care physician and quality improvement coordinator to work with 198 Somali and Spanish-speaking patients. Our CHWs conducted risk assessment screenings with patients and worked with them and clinic staff to develop care plans that addressed social determinants of health such as housing and food security, and to ensure that clinical care services were delivered in a culturally and linguistically appropriate way.



66 One of the things I like about my work with my patient population is seeing them feel confident and empowered about their health decisions. My patients feel heard and understood, and I know that I'm positively impacting their health by referring them to the right services.

Diana Melgoza Community Health Worker



Diana Melgoza with a client

### SEATAC-TUKWILA COMMUNITY COALITION

The SeaTac-Tukwila Community Coalition (STCC) collaborates to improve racial and health equity in the sectors of health, housing, and economic opportunity by empowering community leaders to identify and shape the solutions that drive social change. STCC members include <u>Congolese Integration Network</u>, <u>Partner In Employment</u>, <u>Somali Health Board</u>, and Global to Local.

Last year, the STCC prioritized community response efforts to the COVID-19 pandemic while continuing its broader system change work. As part of this work, STCC members engaged 214 participants in trainings and workshops to increase community leadership capacity, advocate for safe and affordable housing, and increase economic opportunities for immigrants and refugees.





Partner In Employment's Youth Summer Restoration Training Program



Housing information session organized by Congolese Integration Network

## FOOD INNOVATION NETWORK

G2L's Food Innovation Network (FIN) enhances local food systems, increases access to healthy foods, and supports local food businesses in South King County. 2021 was a year of growth and stability for FIN's core areas of work—food access and food business incubation.



#### **FOOD ACCESS**

We address systemic racial inequity in the local food system by connecting people to food and supporting a farm-to-fork distribution channel. In close partnership with <u>International Rescue Committee's New Roots</u> <u>program</u>, FIN operates the seasonal Tukwila Village Farmers Market, where we sell fresh, local produce grown by immigrants and refugees right here in South King County.

Community members experiencing food insecurity are able to purchase fresh fruits and vegetables at the farmers market with SNAP/EBT, SNAP Market March, and FIN's "Heart Bucks." In 2021 these programs helped community members purchase more than \$17,000 of fresh and local produce. \$17,330

accepted in SNAP/EBT, SNAP Market Match, and Heart Bucks



The Tukwila Village Farmers Market



The farmers market has expanded each year, with increased sales for our growers and increased access for community members. In 2021 we welcomed Umoja N'inguvu, a Congolese family farm, to the market! With support from <u>FareStart</u> and <u>Tukwila Pantry</u>, we also launched a mobile food pantry which provided more than 730 meals and hundreds of pounds of pantry items.

You can find the Tukwila Farmers Market at Tukwila Village on Wednesdays, 4 pm to 7 pm, from June 15 to October 12.



Umoja N'inguvu at the Tukwila Village Farmers Market

138

families receiving monthly Heart Bucks families used SNAP/EBT & SNAP Market Match

benefits

**64%** 

of the farmers market sales are through incentives supporting food insecure families



Customers at the Tukwila Village Farmers Market



New Roots program stand at the market

#### FOOD BUSINESS INCUBATOR AT SPICE BRIDGE

Spice Bridge is home to FIN's Food Business Incubator program, which helps South King County women of color and immigrants start and grow thriving food businesses. As part of the program, business owners receive culturally sensitive business support, market channel connections, and hands-on training along with kitchen access. In 2021, we closed <u>our capital campaign thanks to the</u> <u>generosity of many supporters</u> and celebrated our first year anniversary!

In our first full year at Spice Bridge, we incubated 13 businesses that supported 21 employees. In addition to daily food hall operations, businesses did catering, popup markets, local farmers markets (including Pike Place!), and sold packaged sauces, spices, and more.

Early into the COVID-19 pandemic, incubator program participants organized an emergency meals program preparing healthy, culturally appropriate meals for isolated families and older adults. We were able to continue this work in 2021, and in partnership with <u>IRC-Seattle</u>, <u>Catholic Community Services</u>, <u>SHAG</u>, and <u>United</u> <u>Way of King County</u>, we distributed more than 3,100 meals in four months to food insecure seniors, students, and arriving Afghan refugees.



hours of one-on-one technical assistance

300

12 trainings

# 3100+

community meals cooked by the chefs



Visit Spicebridge.org

#### FOOD BUSINESS INCUBATOR AT SPICE BRIDGE

2021 also saw our first businesses graduate from the incubator program: Seatango and Naija Buka! Naija Buka's products can be found online and at <u>PCC</u> <u>Community Markets</u>, and Seatango has opened a <u>bakery</u> in Lake City.

Through our outreach efforts, we connected with nearly 40 aspiring entrepreneurs. We look forward to seeing more graduates and welcoming new businesses to the program in 2022!

Spice Bridge continues to be featured in local and national media—this year our program and several businesses appeared in <u>Forbes</u>, <u>Seattle Times</u>, <u>The Infatuation</u>, <u>The</u> <u>Intentionalist</u>, and other outlets.

We dreamt of having our own business, and Spice Bridge opened that door for us. We learned a lot during our time in the incubation period. We learned everything from doing taxes, managing the accounts, operating Square, and using delivery apps. It was an easy transition... we didn't have to go through that learning curve.??

Monica Di Bartolomeo Spice Bridge Graduate & Co-owner of Seatango







Seatango's bakery in Lake City Way

# WITH GRATITUDE

We are deeply grateful to the individuals, companies, foundations, and public agencies who supported our programs.

We would also like to give special thanks to our outgoing board members Lisa Cohen and David Fleming, who have served as outstanding stewards of Global to Local's mission since its founding in 2010.



### FOLLOW US





Foodinnovationnetwork.org



