Global to Local | Empowering communities as experts

A global health approach
Global health has advanced equity where the U.S. has failed.

What we do at Global to Local
We take community-led health and equity strategies from around the world and adapt them to meet local needs. By addressing social determinants of health like economic opportunity, food access, and social inclusion, we can advance health equity and transform systems.

How we work

1. **LISTEN**
   We continuously listen to communities, the true experts on their environments.

2. **SCAN**
   We find global solutions that might apply locally.

3. **CO-DESIGN**
   We bring community and global expertise together to generate a localized solution.

4. **LEARN**
   We evaluate our impact and adjust as we go along.

5. **DISSEMINATE**
   We share what we learn to create a greater impact.

In action
A real-world example of our work

1. **Global to Local hears from Somali women in Tukwila that they don’t have a safe place to work out.**
2. **Community Health Workers (CHWs) can be effective at identifying and addressing barriers.**
3. **A CHW reaches out to a local community center to create a women-only fitness program.**
4. **We measure specific ways this approach improves health, such as weight loss and diabetes management.**
5. **We inform other communities of positive health outcomes to encourage similar efforts.**

Learn more.
www.globaltolocal.org